WELLNESS CHECKS

Safety and health should be of upmost importance. Preforming accurate wellness checks is vital in the prevention of spreading coronavirus as well as other illnesses while in programming.

Proper hygienic practices, such as hand washing and disinfecting commonly touched areas can also aid in maintaining a healthy environment.

- Healthy staff members should wash their hands for 20 seconds and use protective materials while they are performing and recording daily screenings on other staff members and youth.
- Staff members will check for symptoms of fever, cough, shortness of breath. Staff will also ask if they have been in close contact with someone who has had any of these symptoms.
- Adults and children presenting any of these symptoms should not participate in program and contact their health provider to determine if they are related to COVID-19 or any other illness.
- Do not allow anyone to attend program without getting checked.
- If there is a confirmed case of COVID-19 at the facility, the provider should close and consult with their local health department on next steps and when to re-open.
- All should wash hands upon arrival and often throughout the day and maintain appropriate distance.
- While in program sanitize and clean often.
- If a youth starts to display symptoms while in program, check and record symptoms, separate them from other youth, and contact a guardian to pick them up. (Utah Health Department recommendations for Child Cares and CDC)

Utah Department of Health Emergency Child Care
Health and safety recommendations for Utah Child Cares from the Utah Department of Health for Emergency Child Cares.
https://docs.google.com/document/d/14DalfcP07O0HJ2TQPhnRZ2b43gNnPf3yFBVLpGR-8ro/edit

www.utah afterschool.org/summer tools
**Center of Disease Control and Prevention**

CDC has created guidelines for wellness screenings for child cares and an online Covid self-assessment.


**South Dakota Health Department**

Before screening youth, staff must be healthy as well. South Dakota Health Department has created a COVID-19 Employee Screening Questions and Guidelines to ensure the health of staff members.


**American Camp Association**

It’s important to be prepared to keep your youth healthy as you open up your program. ACA provides multiple health and wellness resources as well as a Covid-19 needed supplies list.

- [https://www.acacamps.org/resource-library/coronavirus/health-wellness-resources](https://www.acacamps.org/resource-library/coronavirus/health-wellness-resources)