WELLNESS CHECKS

Safety and health should be of upmost importance. Performing accurate wellness checks is vital in the prevention of spreading coronavirus as well as other illnesses while in programming.

Proper hygienic practices, such as hand washing and disinfecting commonly touched areas can also aid in maintaining a healthy environment.

- Healthy staff members should wash their hands for 20 seconds and use protective materials while they are performing and recording daily screenings on other staff members and youth.
- Staff members will check for symptoms of fever, cough, shortness of breath. Staff will also ask if they have been in close contact with someone who has had any of these symptoms.
- Adults and children presenting any of these symptoms should not participate in program and contact their health provider to determine if they are related to COVID-19 or any other illness.
- Do not allow anyone to attend program without getting checked.
- If there is a confirmed case of COVID-19 at the facility, the provider should close and consult with their local health department on next steps and when to re-open.
- All should wash hands upon arrival and often throughout the day and maintain appropriate distance.
- While in program sanitize and clean often.
- If a youth starts to display symptoms while in program, check and record symptoms, separate them from other youth, and contact a guardian to pick them up. (Utah Health Department recommendations for Child Cares and CDC)

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**Center of Disease Control and Prevention**  
CDC has created guidelines for child care wellness screenings and a list of Covid-19 symptoms.  

**Utah Health Department Business Manual**  
Employees who are physically returning to workplaces may face increased exposure to the virus, especially if their job duties require a high degree of physical interaction with the public or other employees. It is important to know how to keep your staff and clients safe while keeping your doors open. This manual gives detailed information on how to handle a coronavirus case in the work place and how to implement practices that will keep you safe.  

**UAN: General Health Checklist Template**  
Completing daily health checks before staff and youth enter program can help you maintain a safe and healthy environment. These different template are meant to serve as a guide, providing suggested questions and healthy practices.  
- https://drive.google.com/drive/folders/10m7OwSr5cLwwkqyN9pwaof7TCX1Q1qXl

**Utah State Board of Education**  
USBE is actively updating their website with new developments and recommendations. Please check their website frequently to see the newest additions. As the school year approaches, we anticipate more protocols for daily screenings becoming available.  
https://www.schools.utah.gov/coronavirus

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